

For information on the next  
Health Care On Tap event, visit:  
[healthcareombudsman.dc.gov](http://healthcareombudsman.dc.gov)

Health  
Care on Tap lets  
you join likeminded  
people to ask questions about  
health insurance and coverage  
issues in a fun, casual atmosphere.

HEALTH INSURANCE  
DOESN'T HAVE TO  
BE PAINFUL

*Health Care On Tap is an initiative of the  
DC Office of the Health Care Ombudsman.*

**The Health Care Ombudsman  
is open from 8:15am to 4:45pm  
Monday through Friday**

**Health Care Ombudsman Helpline  
202 724 7491**

**Toll Free Number:**  
1 877 685 6391

**Email:**  
[healthcareombudsman@dc.gov](mailto:healthcareombudsman@dc.gov)

If you have issues with your health insurance, the DC Health Care Ombudsman can help. The Ombudsman serves as a guide and advocate, helping you navigate a health care system that can otherwise be confusing and frustrating.



**LET'S MAKE HEALTH  
CARE EXCITING!**

*Health Care On Tap is a monthly  
event in a familiar place. An informal  
atmosphere where people of all walks  
of life can mingle together and  
ask experts questions about health  
insurance issues. A time for comfort,  
refreshment, and enlightenment.  
Join us for our next event!*